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Authors	Veronica Bautista-Robles, Hady Keita, Edgar J. Paredes Gamero, Layna T. Brito Leite, Jessica de Araújo Isaias Muller, Monica C. Toffoli Kadri, Ariadna Lafourcade Prada and Jesús R. Rodríguez Amado
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ORCID [®] iDs	Hady Keita - https://orcid.org/0000-0001-9168-8995



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Acrocomia aculeata oil-loaded nanoemulsion: development, stability, antinflammatory properties and cytotoxicity evaluation

Verónica Bautista-Robles¹, Hady Keita^{2*}, Edgar Julián Paredes Gamero³, Layna
Tayná Brito Leite⁴, Jessica de Araújo Isaías Muller⁵, Mónica Cristina Toffoli Kadri⁵,
Ariadna Lafourcade Prada⁴ and Jesús Rafael Rodríguez Amado^{1,4}

- 7
- 8 Address:

9 ¹ College of Pharmaceutical Sciences, Food and Nutrition. Federal University of Mato Grosso do Sul, Av. Costa e Silva s/n, 79070-900, Campo Grande-MS, Brazil.² 10 11 Postgraduate Studies Division. University of Sierra Sur, Guillermo Rojas Mijangos s/n, 12 70800 Miahuatlán de Porfirio Díaz, Oaxaca, México.³ Laboratory of Cellular and Molecular Biology, Faculty of Pharmaceutical Sciences, Food and Nutrition, Federal 13 University of Mato Grosso do Sul, Av. Costa e Silva s/n, 79070-900, Campo Grande-14 15 MS, Brazil.⁴ Laboratory of Pharmaceutical Technology, Federal University of Mato 16 Grosso do Sul, Av. Costa e Silva, s/n, 79070-900, Campo Grande-MS, Brazil and ⁵ Laboratory of Pharmacology and Inflammation, Federal University of Mato Grosso do 17 18 Sul, Av. Costa e Silva, s/n, 79070-900, Campo Grande-MS, Brazil.

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20 Email: Hady Keita - hadykeith@yahoo.fr

21 * Corresponding author

23 Abstract

24 The oil from the pulp of the bocaiúva fruit may have several medical applications. 25 However, little is known about its pharmacological activity. Therefore, this study aimed 26 to develop and evaluate the anti-inflammatory activity of a nanoemulsion loaded with 27 the oil extracted from the pulp of the fruit of Acrocomia aculeata. Griffin's method 28 determined the hydrophilic-lipophilic equilibrium ratio of the nanoemulsion. It was 29 shown to have an adequate particle size (173.60 nm) with excellent homogeneity 30 (polydispersity index 0.200). The anti-inflammatory activity of the nanoemulsion was evaluated by the carrageenan-induced paw edema method. Finally, the hemolytic and 31 32 cytotoxic activity of the nano formulation were determined to assess its safety. This 33 nanoemulsion loaded with Acrocomia aculeata fruit pulp oil was shown to have 34 parameters suitable to its characterization, impressive anti-inflammatory activity, and 35 a safe profile.

36 Keywords

37 *Acrocomia aculeata*; inflammation; nanoemulsion; cytotoxicity; hemolysis

38 Introduction

39 Acrocomia aculeata Jacq is a palm of the Arecaceae family, commonly known as 40 bocaiúva or macaúba. It is widespread in South America and is particularly abundant 41 in Mato Grosso do Sul, located in the Center-West region of Brazil [1]. The rounded 42 fruits of this palm have a pleasant aroma and flavor and are traditionally consumed by 43 the native population [2,3].

45 Bocaiúva oil contains several antioxidant compounds such as phenols, terpenes, β-46 carotenes, free fatty acids, monoglycerides, triglycerides, and sterols [4-6]. These 47 compounds have the potential to enhance immune response, reduce the risk of 48 degenerative diseases and contribute to anti-inflammatory activity [7,8], reducing the 49 indiscriminate use of non-steroidal anti-inflammatory drugs (NSAIDs) and 50 corticosteroids in the population [9,10] as chronic use of these drugs has been 51 observed to produce severe adverse reactions in patients [11,12]. In addition, the 52 economic impact of these degenerative and inflammatory diseases is significant, 53 underscoring the need to find effective alternative treatments for the prevention and 54 treatment of these pathologies [13-15].

55 Nanoparticle systems loaded with plant extracts have demonstrated pharmacological 56 activities that were not observed when these extracts were used naturally [16]. For 57 example, plant oil-loaded nanoemulsions exhibit high water solubility, improved 58 permeability, and enhanced bioavailability [17]. This contrasts with the limited solubility 59 and poor bioavailability of natural oil through different routes of administration [18-21]. 60 To add more value to the oil obtained from bocaiúva pulp, which contains phenols and 61 carotenoids that confer excellent stability, the possibility of developing 62 nanotechnological products with potent pharmacological activity was considered. 63 Therefore, the objective of this study was to develop, characterize, and evaluate the 64 anti-inflammatory activity of the nanoemulsion loaded with Acrocomia aculeata oil.

65 **Results and Discussion**

Vegetable oils are known for their high content of fatty acids, which possess a diverse
range of biological activities, including hypoglycemic [32], cholesterol-lowering, anti-

68 inflammatory, and antioxidant effects [8,33-35]. Bocaiúva oil is widely used to treat
69 cardiovascular, inflammatory, and renal diseases [36,37].

In addition, one of the main characteristics of this oil is its orange color due to the presence of phenols and carotenoids, which were characterized in this study. These secondary metabolites are considered to have high antioxidant activity and provide high stability to the oil [38]. These metabolites have been shown to possess antiinflammatory and immunostimulant properties [1,39].

75 Physicochemical characterization and lipid profile of Acrocomia

76 aculeata fruit pulp oil

The physicochemical parameters of bocaiúva oil, such as acidity index, iodine index, and refractive index, were analyzed. The acidity index indicates the state of conservation of oils and fats and is related to the oxidation process. Our results showed an acid index of 0.92 ± 0.10 . The lodine Index determines the amount of unsaturation in fatty acids [33]. Our results showed an lodine Index of 74.50 \pm 1.50 g I2/100 g, values that are within the range allowed (58-75) by OMS/FAO for oils with high oleic acid content [40].

Also, quality indicators such as refractive index, solubility in different organic solvents, and relative density showed that the bocaiúva oil used in that study had good purity. [41]. Coimbra & Jorge analyzed *Acrocomia aculeata* oil and found similar values to the refractive index in this study (1.456 ± 0.01) [33]. These results were found within the reference values established for oils rich in oleic acids, such as extra virgin olive oil, palm oil, and almond oil [40]. The presence of polyphenols and carotenoids was also identified in this oil (see Table 1).

91

04		
94	Property	Value
05	Relative density	0.9000 ± 0.0001
90	lodine value	74.50 ± 1.50
96	Refractive index (30°C)	1.456 + 0.001
97	Peroxide value (mEq/Kg oil)	4.50 ± 0.40
98	Saponification index (mg KOH/g)	133.00 ± 4.50
99	Acidity	0.92 ± 0.10
100	Total carotenoids (µg/g)	266,00 ± 12,00
101	Polyphenols (mg/g)	12.60 ± 0.30

102

93

Table 2 shows the profile of fatty acids present in *Acrocomia aculeata* fruit pulp oil. Oleic acid was the major component (71.25 %) among monounsaturated fatty acids (73.79%). Therefore, bocaiúva oil can be considered an oil with a cardioprotective effect due to its high oleic acid content [42,43]. In addition, its levels of monounsaturated fatty acids are higher than those found in extra virgin olive, soybean, corn, sunflower, and flaxseed oils [43,44].

Table 1: Physicochemical properties of Acrocomia aculeata fruit pulp oil.

The bocaiúva oil used in this work is of excellent quality according to the quality parameters used to qualify vegetable oils reported in the literature [8,23]. These data are similar to those found by Hiane et al, and Lieb et al, where the fruit pulp was also rich in monounsaturated fatty acids [5,45].

A study by Amaral et al determined the presence of 69.07% oleic acid in the oil of *Acrocomia aculeata* pulp [46]. These minor differences can be explained by the different climatic conditions, temperature, and drying time during which the pulps were exposed before extracting the oil. Even the extraction method can accelerate free fat formation [33]. However, these data are similar and indicate the critical chemical composition of the oil studied.

Fatty acids	Content (%)	RE Index	LR* Index
	Saturated		
Hexanoic acid	0.22 ± 0.02	974	975
Octanoic acid	0.25 ± 0.02	1169	1170
Decanoic acid	0.13 ± 0.01	1365	1365
Dodecanoic acid	0.85 ± 0.01	1548	1547
Tetradecanoic acid	0.70 ± 0.01	1747	1749
Hexadecanoic acid	16.52 ± 0.15	1970	1969
Octadecanoic acid	4.11 ± 0.15	2164	2165
Docosanoic acid	0.06 ± 0.03	2562	2564
Subtotal	22.84 ± 0.05		
	Monounsaturated		
9-hexadecenoic acid	2.54 ± 0.01	1939	1938
9-octadecenoic acid	71,25 ± 2,21	2241	2142
Subtotal	73.79 ± 1.11		
	Polyunsaturates		
9,12,15-octadecatrienoic acid	0.80 ± 0.04	2154	2155
9,12-octadecadienoic acid	2.20 ± 0.33	2176	2175
Eicosanoic acid	0.20 ± 0.03	2369	2370
Subtotal	3.20 ± 0.13		
Total fatty acids	> 99.00%		

Table 2. Lipid profile of Acrocomia aculeata fruit pulp oil.

121 *Literate retention rate (from NIST chemistry webbook, SRD 69).

122 Preparation of nanoemulsions required hydrophilic-lipophilic

123 balance, particle size and zeta potential, and shelf stability.

124 To develop a nanoemulsion, it is necessary to determine the required hydrophilic-

125 lipophilic balance (HLBr), particle size and polydispersity index [27,47,48]. In our study,

- 126 the nanoemulsion of Acrocomia aculeata presented a homogeneous particle size
- 127 distribution and a stable polydispersity index when formulated with the surfactant
- 128 presenting a hydrophilic-lipophilic balance of 12, parameters that define the stability of
- this nanoformulation.

1	1	9

A hydrophilic emulsifier is known to be assigned a high HLB and a lipophilic emulsifier
a low HLB number. Therefore, the midpoint is approximately ten, and the assigned
values range from one to forty [47] see Figure 1.

1,0

0,8

0,6

0,4

0.2

0,0

16

HLBr

14

12

Polydispersity

1000

800

600

400

200

0

Particle size (nm)

Particle size
 Polydispersity

133

134 135





- 138
- 139
- 140
- 141
- 142



8

6

10

Hydrophylic-Lipophylic Balance

145

Using a surfactant system with an HLB value of 12, an adequate polydispersity index (0.200), necessary to emulsify bocaiuva oil, was obtained. Also, the stability of this nanoemulsion was demonstrated by its ability to maintain stable Z-potential and particle size parameters at $25^{\circ}C \pm 2^{\circ}C$ for 180 days on shelf. The particle size distribution about intensity was 173.6 \pm 0.70 nm (Figure. 2a). The Z potential of the nanoemulsion prepared with 0.28 parts of Span 80 and 0.72 parts of Tween 80 gave the value of -14.10 \pm 1.06 mV (Figure. 2b).

153

154 It should be noted that antioxidant compounds such as phenolics and carotenoids
155 contained in this oil are considered potent antioxidants, contributing to the stability of
156 the nanoemulsion [49,50].





193 Fig 4. Effect of temperature on particle size of nanoemulsion loaded with bocaiúva oil.194

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195 Anti-inflammatory activity

Once the quality of this nanoformulation was demonstrated, its anti-inflammatory,
hemolytic, and cytotoxic activity was evaluated. In inflammatory processes,
pharmacological therapies focus on reducing the productive phase of the inflammatory
response. This includes inhibition of leukocyte influx [51].

In our study, the inflammatory response was induced by subplantar injection of carrageenan. This is a sulfated polysaccharide that acts as an inducer of the acute inflammatory process. This is due to the action of various proinflammatory mediators associated with hyperalgesia, which induces edema [52]. Carrageenan-induced paw edema is a test that allows the evaluation of two critical parameters in the inflammatory process: leukocyte migration and protein extravasation.

Evaluation of anti-inflammatory activity revealed that *Acrocomia aculeata* nanoemulsion (50 mg/kg) possessed this pharmacological effect, which was two times higher than that of *Acrocomia aculeata* oil (100 mg/kg). This confirms that nanoformulated systems can have superior pharmacological activities compared to formulations with extracts used in their natural form [16].

The higher anti-inflammatory activity of AANE may be attributed to the nanometer size of the particle, which increases its ability to interact with receptors for uptake [53]. This result suggests that bocaiuva oil-loaded nanoemulsion is a promising antiinflammatory product.

Carrageenan-induced paw edema model evaluated the anti-inflammatory effect of AAO and AANE. The anti-inflammatory activity of AAO (100mg/kg b.w.) was much lower (at 3 hours of treatment) than that of diclofenac and AANE (at doses of 5,10, 20 and 50mg/kg b.w.). The same behavior was observed at 6 hours of treatment with the different doses of AANE (see Figure 5).

At 3 hours of treatment, nanoemulsion showed an anti-inflammatory response superior to diclofenac at doses of 20 and 50 mg/kg. At 6 hours, AANE showed an antiinflammatory response similar to diclofenac at the 20 and 50 mg/kg doses.



Figure 5. Anti-inflammatory effect of *Acrocomia aculeata* fruit oil and oil-loaded
 nanoemulsion. Different letters indicate statistically significant differences at p≤0.05.

239 Hemolytic and cytotoxic activity

240 Regarding the evaluation of the hemolytic and cytotoxic activity of the nanoemulsion to check the safety for animal and human use and to assess the potential damage that 241 242 AANE could cause to the erythrocyte membrane, it was observed that the 243 nanoemulsion did not induce hemolysis of murine erythrocytes at concentrations of 1, 244 10, 100 and 1000 µg/ml compared to Triton X-100 which is a substance known for its 245 remarkable hemolytic effect [54]. It was observed that our nanoemulsion at 246 concentrations of 1, 10, 100, and 1000 µg/ml did not cause erythrocyte hemolysis (Figure. 6A). 247

Furthermore, cytotoxicity evaluation showed that AANE did not present cytotoxic effects, as all cells maintained viability (100%) at concentrations of 1, 10, 100 and 1000 µg/ml (see Figure. 6B). These results suggest that this nanoemulsion could be used safely. This fact could be reinforced by how *Acrocomia aculeata* oil is used by the population, which drinks bocaiúva oil in its natural form and spreads it over infected and inflamed body areas [55]. However, further studies should elucidate the absolute safety of its use.



Figure 6. Hemolytic effect (A) and cell viability assay (B) of nanoemulsion loaded with
 Acrocomia Aculeata fruit oil.

258 **Conclusion**

A nanoemulsion loaded with *Acrocomia aculeata* oil was developed using 0.28 parts of Span 80 and 0.72 part of Tween 80 (HLB = 12). The AAO-loaded nanoemulsion showed a particle size of 185 nm and a stable polydispersity index of less than 0.200. The particle size distribution in relation to the intensity was 173.6 \pm 0.70 nm, with high homogeneity and excellent shelf stability, where the properties of the nanoemulsion remained practically constant after storage for 6 months.

Our nano formulation showed a good anti-inflammatory effect since it was demonstrated that after 6 h, the anti-inflammatory effect was more potent than that of *Acrocomia aculeata* fruit pulp oil and similar to that of diclofenac 50 mg/kg and did not show cytotoxicity or hemolytic activity. The oil from the fruit of *Acrocomia Aculeata* can be transformed into a nanotechnological product, which adds value to the oil from this regional fruit.

271 Experimental

272 **Plant material**

The fruits of *Acrocomia aculeata* were collected in Campo Grande, Mato Grosso do Sul, Brazil (-20°.50'00.1" S, -54°.36'45.7" W) after the natural fall of the first ripe fruits. The fruit pulp was manually separated from the seeds and preserved until oil extraction.

277 Bocaiúva Oil Extraction

278 One kilogram of fresh fruit pulp was placed in an Erlenmeyer flask and extracted with 279 n-hexane (1000 ml) by mechanical agitation for 24 hours. The n-hexane solution was 280 separated from the pulp and preserved. Another 500 ml of n-hexane was added to the pulp for a second extraction under the same conditions. The two extractions were
combined in a rotary evaporator system (Ika Werke, Germany). It was subjected to a
slow stream of nitrogen for 24 hours to obtain the solvent-free oil.

284 Physical-chemical characterization

The relative density and refractive index of *Acrocomia aculeata* oil (AAO) were evaluated according to the American Pharmacopoeia [22]. Iodine value, peroxide value, acid value and saponification index were also evaluated following the protocols of the Brazilian Pharmacopoeia [23]

289 **Determination of phenolic content**

The total phenols present in AAO were evaluated using the Folin-Ciocalteu spectrophotometric method. This method mixed 3 ml of bocaiúva oil with 10 ml of a 75% ethanol solution. The mixture was stirred on a mechanical shaker for 2 hours and allowed to stand in the dark for 24 hours. The liquid was then centrifuged at 5000 rpm (LKP, Brazil). Aliquots of 1 mL of the ethanolic phase were used for analysis. The calibration curve was constructed using the standard addition method and a standard reference material (Sigma, USA). The results were expressed as gallic acid equivalent.

297 Determination of carotenoid content

298 Carotenoid content was evaluated spectrophotometrically (Shimatsu, Japan) following 299 the procedure described by Rodríguez-Amaya. The molar extinction coefficient of β -300 carotene (β -C) in n-hexane at 453 nm (2592 mol-1cm-1) was used. Carotenoid content 301 (CT), expressed as β -carotene, was calculated by the formula:

302 $TC (\mu g/100) + (A * V * 10000)/(\varepsilon * m)$

303 Where: A is the absorbance of the sample, V is the volume of the sample, ε is the molar 304 absorbance of β -carotene in n-hexane at 453 nm, and m is the mass of the sample 305 [24].

306 Lipid profile

307 A derivatization process was carried out to improve the stability of bocaiúva samples 308 using a Mega 2 series gas chromatograph coupled to a SHIMADZU GCMS-QP500 309 mass spectrometer (GC/MS) (Japan). One gram of bocaiúva oil was dissolved in nhexane and vortexed for five minutes. The hexane phase was separated by 310 311 centrifugation, transferred to a derivatization tube, and dried under a stream of nitrogen 312 for 24 hours. Then, 3 ml of a 2% methanolic NaOH solution was added to the tube. 313 The tube was hermetically sealed and heated at 85°C for 3 minutes. After cooling to 314 room temperature, 2 ml of a BF3/methanol solution was added. The tube was resealed 315 and heated for 25 minutes.

316 Once cooled, the solution was extracted with 5 ml of n-hexane and centrifuged. Twenty 317 microliters of supernatant (hexane phase) were injected directly into the GC-MS 318 system [25].

GC-MS analysis was performed using a Mega 2 series gas chromatograph coupled to a SHIMADZU GCMS-QP500 mass spectrometer A 30 m x 0.32 mm capillary column with a 0.25 mm thick layer (66DB-5MS, Agilent Technologies, USA) was used as the stationary phase. Helium gas was used as carrier gas at a flow rate of 1.0 ml/min with a split ratio of 1:10. The injector temperature was adjusted and set to 250 °C. The oven temperature was set at 130 °C for 10 min and then increased to 250 °C at a rate of 5 °C/min, maintaining the final temperature for 10 min.

326 Mass spectra were acquired using a mass range of m/z 40-500, an interface 327 temperature of 250 °C, and an ion source temperature of 220 °C. The solvent cutoff

time was 3 min and the event time was 0.20 min. The sweep speed was set at 2,500
 mL/minute. The composition (in percent) was calculated using the peak normalization
 method.

331 **Preparation of nanoemulsions**

332 Acrocomia aculeata oil nanoemulsions (AANE) were prepared using the phase 333 inversion method [26] The formulations comprised 5% w/w bocaiúva oil, 5% 334 surfactants (Span 80: Tween 80), and 90% deionized water. The organic phase, composed of bocaiúva oil and surfactants, was stirred at 400 rpm at 35°C for 20 min. 335 The aqueous phase (deionized water with conductivity < 0.4 μ S and pH 6.5) was added 336 337 to the organic phase at 1 ml/min under continuous magnetic stirring (400 rpm). Stirring 338 was maintained for 20 min after adding the total volume of water. Finally, the initial 339 volume of the nanoemulsion (50 ml) was restored with deionized water [27].

340 **Required hydrophilic-lipophilic balance (HLBr)**

Griffin's method determined the hydrophilic-lipophilic balance (HLBr) necessary to emulsify bocaiúva oil [28]. A set of nanoemulsions was prepared using HLB values from 4.3 to 15, obtained by mixing different proportions of Span 80 (HLB 4.3) and Tween 80 (HLB 15). The temperature was maintained at 25±1°C. The surfactant mixture that produces a stable nanoemulsion with the smallest particle size will be selected as the (HLBr) to emulsify bocaiúva oil [28].

347 **Particle size and zeta potential**

Particle size and polydispersity index (PDI) were measured by dynamic light scattering
(DLS) with a Zetasizer Nano-ZS instrument (Malvern, UK). Z-potential was determined
by electrophoretic light scattering with a Zetasizer Nano-ZS instrument (Malvern, UK).

351 NEAA was diluted with Milli-Q water (1:25, v:v). All measurements were performed in 352 triplicate, and results were presented as the mean \pm standard deviation [27].

353 Shelf stability

The selected AANE was transferred to amber vial and stored at 25±2°C for 180 days.

Particle size, polydispersity index and Z-potential were measured at 0, 15, 45, 90 and
180 days. Measurements were performed in triplicate and results were presented as
the mean ± standard deviation.

The effect of temperature on particle size was also evaluated, from 10 to 70°C, at the same time intervals mentioned above. Measurements were performed with the Zetasizer instrument (Malvern, UK). The nanoemulsion was equilibrated at temperatures of 10, 20, 30, 40, 40, 50, 60, and 70 °C for five minutes prior to measurement [27].

363 Anti-inflammatory activity

364 Animals

The anti-inflammatory effect was evaluated using carrageenan-induced paw edema. Six- to eight-week-old female Swiss mice weighing 22 to 28 g were used [29]. Animals were acclimatized under laboratory conditions ($25 \pm 3^{\circ}$ C, $65 \pm 5^{\circ}$ humidity) with a 12/12 h light/dark cycle. Animals had free access to food and water at all times and were deprived of food six hours before the experiment.

370 **Formation of experimental groups and induction of leg edema.**

Eight experimental groups were randomly formed, with five animals per group (n=5). Thirty minutes before edema induction, groups 3, 4, 5, 6, 7, and 8 received the test substances (diclofenac sodium, AAO, or AANE) except group 1, which received blank nanoemulsion (nanoemulsion obtained under the same conditions, but without AAO),

and group 2 which received distilled water. After this time, 50 μ L of Carrageenan was injected substantially into the right hind paw of animals in groups 2, 3, 4, 5, 6, 7, and 8 to induce edema, except for animals in group 1 that received only 50 μ L of 0.9% saline in the right hind paw as well.

Therefore, the experimental groups were organized as follows: Group 1: Blank
nanoemulsion (50 mg/kg blank nanoemulsion orally +50 µl injected saline), Group 2
(200 µl distilled water orally +50 µl carrageenan), Group 3: (diclofenac sodium 50
mg/kg +50 µl carrageenan), Group 4 (AAO 100 mg/kg +50 µl carrageenan); Groups 5,
6, 7 and 8 (AANE:5, 10, 20 and 50 mg/kg respectively +50 µl carrageenan).

Edema volume was measured by plethysmometry (NovaLab, Brazil) at 3 and 6 hours after carrageenan injection [30]. Edema reduction was expressed (in percentage) as the difference between the control value (paw volume of each animal before carrageenan injection) and the volumes measured at each time point after the treatments [28].

389 Hemolytic activity

Hemolytic activity was assessed using a murine erythrocyte suspension as described by Amado et al. Briefly, 190 μ l of erythrocyte suspension was added to the wells of a 96-well polycarbonate plate. Then, ten μ l of nanoemulsion solutions at different concentrations in PBS buffer (0, 5, 10, 10, 20, and 50 μ g/ml) were added to each well. The plates were incubated for one hour at 37 °C, followed by centrifugation [26].

The amount of hemoglobin was determined at 540 nm using docetaxel (DTX) 880 multi-mode detector (Beckman, UK). A solution of 10 μ g/ml Triton X-100 was used as a positive control, and 10 μ l of PBS buffer was used as a negative control. The assay was performed in triplicate.

399 **Cytotoxic activity**

- 400 The cytotoxicity of AANE was evaluated in murine macrophages. Staurosporine (5 401 μ g/ml) was used as a positive control, whereas, cells from the culture without the 402 nanoemulsion served as a negative control.
- 403 Different concentrations of the nanoemulsion (1.65, 3.30, 6.60, 12.5, 25, 50, and 100
- 404 µg/ml) were added to the cultured cells and kept in contact for 24 hours. Assays were
- 405 performed in triplicate, and cell viability was expressed as a percentage according to
- 406 International Organization for Standardization ISO 10993-5 guidelines [31].

407 **Statistical analysis**

A one-way ANOVA followed by Tukey's HSD test was performed to determine
statistical differences between experimental groups. A statistically significant
difference was considered at p≤0.05. StatGraphics® Centurion XV.1 software
(StatEase, USA) was used for the analyses.

412 **Ethical approval**

All experiments were performed in accordance with the Ethics Committee for the
Experimental Use of Animals of the Federal University of Mato Grosso do Sul, Brazil
(Reference number: 1.250/2022).

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420 **Conflict of Interest**

421 The authors confirm that there is no conflict of interest related to the article.

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